Fast 9

Chapter 6

- **63** Say: Who is it that delivers you from the calamities of the land and the sea? (When) you call upon Him, in humility and in secret: If He deliver us from this, we will certainly be of the grateful ones.
- **64** Say: Allah delivers you from this and from every distress, yet you set up partners (with Him).

Note: Prayers of those in distress are most often accepted by Allah, whatever may be their religion or beliefs and they are saved from disaster. Prayers have to be said with feelings of the utmost humility and helplessness. If prayers are addressed to God in "secret", in the absence of any other person, then one's attention is entirely on God.

But man is such that after the distress has been lifted as a result of him calling on the One God, he goes back to turning to others as his means of salvation.

Chapter 7

23 They [Adam and Eve] said: Our Lord, we have wronged ourselves; and if You do not forgive us and have mercy on us, we shall certainly be from among the losers.

Note: Whenever anyone does wrong, they must ask Allah for forgiveness and mercy. That is the right way, established since men and women appeared on earth.

47 And when their eyes are turned towards the companions of the Fire, they say: Our Lord, do not place us with the unjust people.

Note: When we see wrong-doers, we should learn a lesson and pray not to be like them.

- 55 Call on your Lord humbly and in secret. Surely He does not love the transgressors.
- **56** And do not make mischief in the earth after its reformation, and call on Him, fearing and hoping. Surely the mercy of Allah is near to the doers of good.

Note: The feeling which should be entertained towards Allah should be a combination of fear and hope, of awe as well as love, because the fear of His displeasure ennobles the mind no less than the hope of His mercy.

89 ... Our Lord comprehends all things in His knowledge. In Allah do we trust. Our Lord, decide between us and our people with truth, and You are the Best of deciders.

Note: This prayer is for when we have a disagreement with our own nation or co-religionists. We ask for a decision based solely on the *truth* of the matter, not based on us being considered as favourites of God and others being considered as rejected by Him.